

Affordable Rent Worksheet

Income Sources (after taxes)	Monthly Amount
Salary/wages	
Private Pension	
Social Security	
SSI	
SSDI	
Unemployment Insurance	
Public Assistance	
Alimony (paid to you)	
Child support (paid to you)	
Interest	
Dividends	
Food stamps	
Other	
Other	
Total Income	
Multiply total income by .30 =Suggested Affordable Rate	
Monthly Expenses	Monthly Amount
Food (groceries, dining out)	
Transportation- Bus, Train, Fare, Gas	
Child Care	
Medical Expenses, Medications	
Insurances (renters, life, auto)- divide by 12 if you paid annually	
Alimony (paid by you)	
Child support (paid by you)	
Clothing	
Phone	
Electric	
Natural Gas	
Cable, TV, Internet Service, Cell Phone	
Other- cigarettes, coffee breaks, lunch	
Debts- Loans, Credit Cards, (List on the back of this sheet if you need more space)	
Other	
Total Expenses	
Summary	
Total Income	
Subtract Total Expenses (-)	
= Amount available for Housing (Compare to the Suggested Affordable Rent Above)	