

# Alzheimer's Association Delaware Valley Chapter Webinars



Join us for our WINTER 2023 series of virtual programming.

Registration is required. Click a registration link below or call 800.272.3900 to attend by phone or computer.

For more information about Alzheimer's Association programs and services, contact the 24/7 Helpline at 800.272.3900. E-learning is available on demand at [alz.org/education](https://alz.org/education).

## **Tuesday, January 10 — Understanding Alzheimer's and Dementia**

*Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources. Hosted by Abramson Senior Center.*

10 to 11 a.m. — <https://action.alz.org/mtg/88384803>

## **Wednesday, January 11 — Managing Money: A Caregiver's Guide to Finances**

*Attend to learn about the costs of caregiving and the benefits of early planning. You'll also explore how to avoid financial abuse and fraud, start a conversation about finances, assess financial and legal needs and find support. Hosted by Aleph Home Care.*

10 to 11 a.m. — <https://action.alz.org/mtg/88868755>

## **Tuesday, January 17 — Healthy Living for Your Brain and Body**

*Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and tools to incorporate these recommendations into a plan for healthy aging. Hosted by Chester County Hospital.*

6 to 7 p.m. — <https://action.alz.org/mtg/88385630>

## **Wednesday, January 18 — Understanding Alzheimer's and Dementia**

*Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources. Hosted by OLLI Explorations.*

10 to 11 a.m. — <https://action.alz.org/mtg/88384803>

## **Wednesday, February 15 — New Advances in Alzheimer's Treatment**

*Learn about aducanumab (Aduhelm™), a new treatment in Alzheimer's treatment. This program will provide an overview of how the drug was designed to work; who may be a candidate for treatment; potential benefits and side effects and availability and pathways for success. Attendees will also learn about available Alzheimer's Association resources. Hosted by Aleph Home Care.*

2 to 3 p.m. — <https://action.alz.org/mtg/88982015>

## **Thursday, February 16 — Healthy Living for Your Brain and Body**

*Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and tools to incorporate these recommendations into a plan for healthy aging. Hosted by Ludington Library.*

7 to 8 p.m. — <https://action.alz.org/mtg/89044105>